Wellness & Spa

GRAND HOTEL
BRIONI
PULA

A RADISSON COLLECTION HOTEL

Gemma DI Brioni

WE INVITE YOU TO **REBALANCE YOUR ENERGY FLOW** AND TO **REVITALIZE YOUR BODY AND MIND** IN OUR PROFESSIONAL WELLNESS. OUR DESIRE IS TO TAKE YOU AWAY FROM YOUR DAILY COMMITMENTS, LEAVE BEHIND THE STRESSES AND MONOTONY OF YOUR DAILY LIFE. THE EXPERIENCED TEAM WILL HELP YOU DETERMINE THE BEST SERVICES AND WILL ASSIST YOU TO GIVE YOUR MIND, BODY AND SOUL THE MAXIMUM RELAXATION. FOR DEEP WELL-BEING WE OFFER RITUALS AND TREATMENTS WITH **FRENCH COSMETOLOGY, ZEN SPA WITH FINISH SAUNA, BIO SAUNA AND STEAM BATH** AS WELL AS **INDOOR POOL** AND **INFINITY OUTDOOR POOL**. STEP INTO TRANQUILLITY AND IMMERSE YOURSELF IN SOOTHING WARMTH AND HEAVENLY AROMAS. WE OFFER YOU A UNIQUE EXPERIENCE THAT WILL MAKE YOU FEEL REBORN.

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GEMOLOGY

A WORLDWIDE BRAND WITH A UNIQUE CONCEPT OF USING TRACE ELEMENTS AND GRINDS EXTRACTED FROM PRECIOUS STONES TO PRODUCE LUXURY SKINCARE PRODUCTS WITH SCIENTIFICALLY PROVEN RESULTS. CREATED IN FRANCE BY CHRYSTELLE LANNOY, GEMOLOGY OFFERS A FULL RANGE OF LUXURY FOR BOTH FACE AND BODY. WITH BENEFITS FROM 20 GEMSTONES THERE IS A PRODUCT TO SUIT ALL SKIN TYPES. WHETHER IF YOU ARE USING THE PRODUCTS AT HOME OR ENJOYING GEMOLOGY TREATMENTS AT THE SPA YOU ARE SURE TO BE OFFERED A UNIQUE EXPERIENCE.

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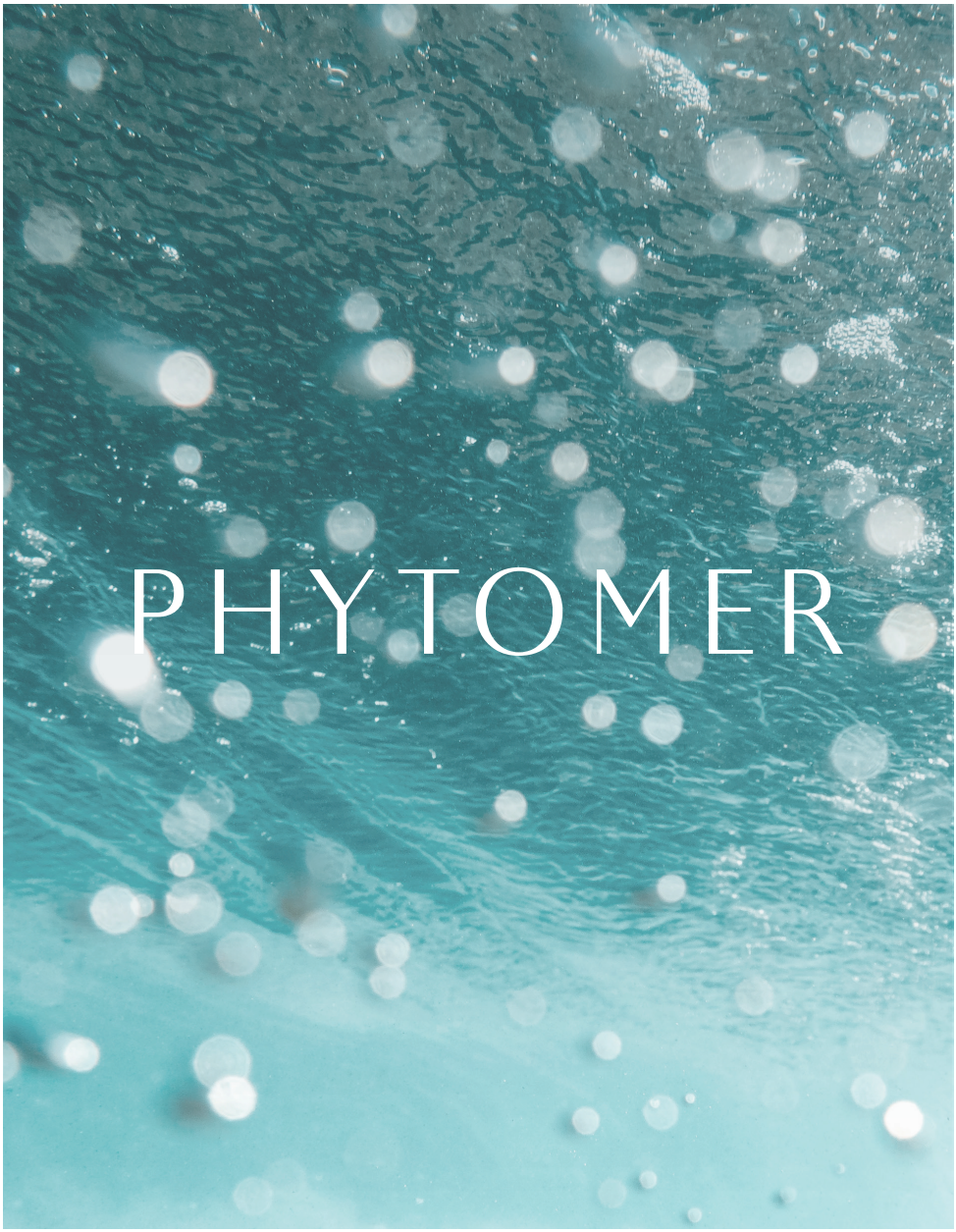

FROM THE SEA TO THE SKIN

WE HAVE ALWAYS BELIEVED IN THE SEA AND WANTED TO OFFER EVERYONE ITS INCREDIBLE BENEFITS THROUGH HIGH-QUALITY FACE AND BODY TREATMENTS THAT DEEPLY REGENERATE, REMINERALIZE, AND REVITALIZE THE SKIN.

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GEMOLOGY

FACE CARE

THE PRECIOUS 75min

JADE TONIFYING SKIN CARE
123,00 €
10.09.2026.:123,00 €

With the combined action of Jade, Peony and Cranberry, the skin rejuvenates. The ovel shape is redrawn, the skin is soft and moisturized

AMETHYST COMBINATION SKIN CARE
123,00 €
10.09.2026.:123,00 €

The delicacy of Amethyst to unveil the fineness of a refined, uniform and tighten skin texture. The complexion is light and radiant

SMITHSONITE SENSITIVE SKIN CARE
123,00 €
10.09.2026.:123,00 €

The immediate comfort of a perfectly protected skin. The complexion regains radiance and is genuinely soothed

DIAMOND GEL MASK SKIN CARE
123,00 €
10.09.2026.:123,00 €

An incredible fresh sensation thanks to the hydrogel texture enriched in 30 ingredients, for an anti-aging efficiency and a radiance boost

THE ANTI-AGING 90min

DIAMOND YOUTH & COLLAGEN MASK
180,00 €
10.09.2026.:180,00 €

Real restructuring care and hydrating thanks to its pure collagen mask. It improves the texture of the skin, tonifies and smoothes

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PHYTOMER

FACE CARE

SUPREME YOUTH PIONEER TREATMENT 90 min 169,00 €

10.09.2026.:169,00 €

This premium treatment restores the skin's freshness, youth, and radiance. An exceptional PHYTOMER's advanced facial massage technique visibly smooths the skin while delivering absolute wellness
Our Self-Heating Mud Pack is gently applied along the spine for a total relaxation experience that charges the body's energy

PHYTOMER HIDRA 60 min 97,00 €

10.09.2026.:97,00 €

A must-have treatment that combines maximum hydration and intense relaxation by combining organic marine ingredients, products with sensorial textures, and a relaxing massage. Skin regains comfort and radiance

CITYLIFE 60 min 97,00 €

10.09.2026.:97,00 €

A breath of fresh air for your skin in a facial that distills all the benefits of the sea to detox and revitalize your skin. The break from pollution's harmful effects eliminates signs of fatigue, brightens your complexion and rehydrates your skin

SUNNY DESTINATION 60 min 97,00 €

10.09.2026.:97,00 €

This pampering treatment softens your skin and enhances its protection system for soothed and ideally hydrated skin

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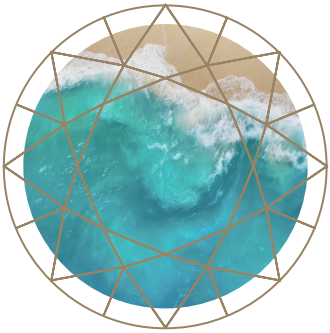
IBEAUTY



DEDICATED TREATMENT MENU

PROFESSIONAL DEVICE COMBINING 3 TECHNOLOGIES INSPIRED BY AESTHETIC MEDICINE WITH PROVEN EFFICACY

• NON INVASIVE • NON AGRESSIVE
• COMPLETELY SAFE

HYDRATION CORRECTOR 50min 68,00 €

10.09.2026.:68,00 €

The ideal partner for thirsty, tired and dull skin. This treatment boosts natural moisture and corrects the skin's level of hydration. The skin is replanished in depth.

ANTI-AGING ACTIVATOR 50min 79,00 €

10.09.2026.:79,00 €

Inspired by the anti-aging techniques of aesthetic medicine, this treatment is a concentration of efficacy to fight against the signs of time. Its high frequency microcurrent induces tissue heating, to regenerate, plump and firm the skin. Its tripolar probe provides heat control for perfect safety.

FRESH UP TREATMENT 30min 57,00 €

10.09.2026.:57,00 €

In a minimum amount of time, the synergy of I Beauty combined with manual massage gives the skin an immediate freshness, the skin appears lifted and rejuvenated.

EYE PERFECTION 34,00 €

10.09.2026.:34,00 €

Radiance Smoothing Eye Treatment

A comprehensive, effective and relaxing treatment for beautiful eyes that sparkle with youth.
An add-on possibility for all facials

RELAX BACK 24,00 €

10.09.2026.:24,00 €

Remineralizing Anti-Fatigue

An ultra-relaxing back massage followed by a gentle application of Self-Heating Marine Mud along the spine for total relaxation, optimal detox and remineralizing effects.
An add-on possibility for all facials

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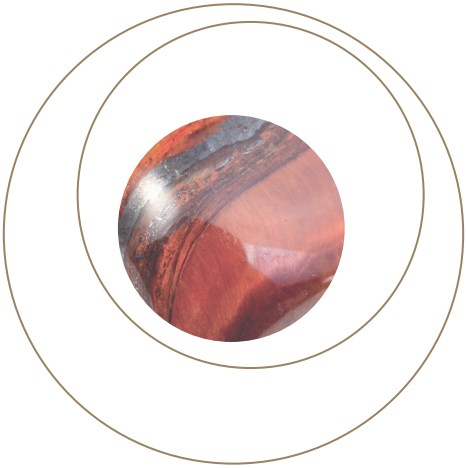
BODY

CARES & RITUALS



THE BODY CARES BY GEMOLOGY

NEW ZEALAND ROTORUA VOLCANO MINERALIZING BODY CARE 90min — 177,00 €
10.09.2026.:177,00 €

Enjoy a privileged moment where stress and fatique are taken away. Appreciate the limitless benefits of this skin care

SLIMMING CARE WITH TEA LEAVES AND COCOA BEAN 90min — 177,00 €
10.09.2026.:177,00 €

Eliminate, drain, detoxify. Curves are smoothed, the silhouette is slimmed

LIGHT LEGS CARE 75min — 110,00 €
10.09.2026.:110,00 €

The unique experience of a “cold care”, a dizziness of freshness. A care to have light legs and svelt silhouette

PHYTOMER SPA RITUAL

OLIGOMER® Spa RITUAL 120 min 204,00 €

10.09.2026.:204,00 €

This deeply relaxing, revitalizing ritual includes a full body exfoliation, a warm, relaxing bath, and a reenergising signature massage. The treatment provides a unique sensory experience thanks to the legendary active marine ingredient Oligomer® Phytomera and its extraordinary remineralizing and revitalizing properties.

THE SCRUBS 30min

FIRMING AND SLIMNESS SAPPHIRE SALTS SCRUB
61,00 €
10.09.2026.:61,00 €

The minerality of salts joins the efficiency of Sapphire for a drained, firmed and detoxified body

RELAXING MOTHER OF PEARL SCRUB
61,00 €
10.09.2026.:61,00 €

The sweetness of Mother of Pearl and the destressing action of Peridot to refine the skin texture. The body is relaxed and the skin is soft

ENERGIZING SCRUB ECLAT DE MANGUE
61,00 €
10.09.2026.:61,00 €

A fibrous texture, rich in vitamins, that brings a sensation of purity. A Sapphire cream with a nice fragrance of mint for a stimulating action

MARINE BODY SCRUB
61,00 €
10.09.2026.:61,00 €

An exfoliation for an express beauty treatment that leaves the skin soft and silky

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MEN'S
TREATMENTS

MEN FACE CARES

JADE TONIFYING CARE BY GEMOLOGY 75min 123,00 €
10.09.2026.:123,00 €
The regenerative action of Jade and its anti-stress properties are antioxydant allies to dynamize and moisturize the skin

PHYTOMER PERSONALIZED TREATMENT 60 min 97,00 €
10.09.2026.:97,00 €
Enter a skincare experience designed especially for men. Choose from a selection of moisturizing, soothing and anti-pollution facials that have been specially adapted to men's skin needs

MEN BODY CARES

PINK GARNET BODY CARE 90 min 175,00 €
10.09.2026.:175,00 €
The combination of Garnet stone, Cranberry and Raspberry for a regenerating wrap. under the effect of a precious cocktail made of anti-aging actives, you will enjoy a unique moment. Your skin is tonic, uniform, regenerated and protected from external aggressions.

SPA PEDICURE 58,00 €
10.09.2026.:58,00 €

SPA MANICURE 49,00 €
10.09.2026.:49,00 €

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THE MASSAGES

PRECIOUS STONES MASSAGE 60min 141,00 €

10.09.2026.:141,00 €

Precious stones of Pink Quartz, Rock Crystal and Agate, designed according to anatomic shapes, to caress your body and become just one

TRESOR WELLNESS MASSAGE 60min 102,00 €

10.09.2026.:102,00 €

This very fluid massage, performed with a precious oil scented with sunny notes, awakens and rebalances your energy, leaving you feeling weightless.

BLUE LAGOON MASSAGE 60min 98,00 €

10.09.2026.:98,00 €

This exclusive massage is inspired by Swedish massage techniques, renowned for the muscle relaxation it provides. Combined with the Relaxing Massage Ball, a symphony of hot and cold sensations is created on the surface of the skin. The relaxing heat and the invigorating cold alternate to loosen every knot, remove stress and harmonize and balance the body.

TIME FOR TWO WITH PRIVATE BATH 90min 187,00 €

It says nothing about romance like a relaxing massage for couples with a luxurious private hot tub and you may never want to leave!

10.09.2026.:187,00 €

BACK & NECK MASSAGE 40min 76,00 €

It is performed locally mainly for back and neck ailments or problems. It stimulates the flow of blood and nutrients to the muscles and reduces muscle tension. It has general effects on both muscle activation and overall relaxation.

10.09.2026.:76,00 €

DEEPLY NOURISHING FOOT MASSAGE 20min 39,00 €

10.09.2026.:39,00 €

The feet represent the essential connectors between Earth and Heaven for a good flow of energy. This massage provides deep well-being and intense relief of nervous tension.

SCALP MASSAGE 20min 39,00 €

10.09.2026.:39,00 €

The head, back of the neck and trapezius centralise a lot of nervous tension. Relaxing with a targeted massage provides deep relaxation, lowers sensitivity to stress, helps you to switch off and improves the quality of sleep.

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THAI
MASSAGES

AROMA THAI **60min** 115,00 €
10.09.2026.:115,00 €

This energizing massage is combination of traditional Thai and Swedish massage. Harmony of relaxing and deep tissue massage mouvements with aromatized oils activates energy channels. Positive energy is restored, body relaxed and mind relieved.

80 min 144,00 €
10.09.2026.:144,00 €

THAI PACKAGE 50 min 105,00 €
10.09.2026.:105,00 €

Combination of head, neck and back massage with reflexology provides deep relaxation. Tension is relieved, sleep quality is improved and well-being is restored.

REFLEXOLOGY 45 min 86,00 €
10.09.2026.:86,00 €

By pressing feet and palms reflex zones all body is treated. This acupressure massage balances the whole body, bringing it into a state of proper functioning.

SHIATSU **60min** 104,00 €
10.09.2026.:104,00 €

Originates from Japan, has roots in Chinese philosophy of qi, the vital life force. Dry massage over a towel, combining acupressure with other massage techniques performed on specific points and meridians, restores balance of energy flow, mind and body.

80 min 129,00 €
10.09.2026.:129,00 €

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THE BATHS

THE BATHS 30min

PRECIOUS MILK BATH

61,00 €
10.09.2026.:61,00 €

Embrace the slow pace of the river and linger in a hydro-massage precious milk bath, fragrant with sweet, powdery scents

AROMACEANE BATH SLIMMING

61,00 €
10.09.2026.:61,00 €

Contour and tone your silhoutte with specific cocktail of natural Essential Oils. Atlas Cedar, Spearmint and Grapefruit help release water retention and relax the skin

AROMACEANE BATH RELAX

61,00 €
10.09.2026.:61,00 €

A muscle-relaxing treatment with pure Lavander, Rose and Magnolia Essential Oils. Specially formulated for those suffering from stress muscle tension or sleeping problems

SPA PEDICURE & MANICURE

	Nail polish	Gelish
SPA PEDICURE We have chosen the best products designed to be gentle and effective and relax as we offer you a transformative journey	62,00 € *10.09.2026.:62,00 €*	68,00 € *10.09.2026.:68,00 €*
SPA MANICURE Enjoy a refreshing scrub and mask topped off with a moisturizer to leave your hands soft and hydrated	53,00 € *10.09.2026.:53,00 €*	62,00 € *10.09.2026.:62,00 €*

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ZEN SPA

SOUL SAUNA

A journey into the past and the heart of this fascinating Nordic culture. The temperature is regulated so that it is always between 80°C and 90°C. The sauna is an excellent remedy for purifying the body, it strengthens the immune system, improves circulation and breathing

GENTLE BIO SAUNA

It is a gentle solution for those who find Finnish saunas too hot, suffocating or are not keen on excessive humidity in steam saunas. The Bio Sauna normally have a temperature of 40°C to 60°C with a humidy of 20% to 50%

SOUL STEAM

Water is health, even when it takes the form of a cloud of steam that envelops the body. The humidity reaches 100% and the temperature is around 40°C. The warm steam decongests the breath, tones and relaxes, proves to be one of the best therapies to combat the stress and tension to which we are subjected daily.

WATER PARADISE

Ideal solution for enveloping yourself in the sensations that only water can offer the body. Water Paradise is a brilliant blend of four different showers enclosed in a path; a unique way to experience a multisensory water experience. Shower head jets will automatically alternate the pleasure of 4 different showers offering different levels of warmth, color and intensity, and enveloping the guest within unique wellness in a few seconds. Tropical rain, cold rain, waterfall and cold mist combine and complement each other for a sensory, enjoyable and relaxing experience

ICEFALL

The icefall is the cold reaction that best combines with the high temperatures found in spa cabins. It helps normalize the body temperature and the heart rate, with beneficial results in terms of toning the skin and vasoconstriction. For a fully reinvigorating effect the ice crystals should be massaged onto the body from the lower limbs upwards, completing the wellness path begun earlier in the steam and heat baths.

RELAX ROOM

Rest is defined as the condition during which the body is in a state of relaxation and positive feeling. This is the moment that allows the body to recuperate and prepare for the next entry into a hot environment. **Salt Wall** regulates and maintains the intensity of heat and humidity in the room, the right conditions to encourage the natural process of ionization of the mineral salt.

Use of the Zen Spa wellness area is complimentary for guests of the hotel.

You may wear a robe and slippers from your room when you visit us.

The reservation for the Zen Spa zone and swimming pool is required.

Zen spa & swimming pool with whirlpool
for outside guests — 240min / 47,00 € / *10.09.2026.:47,00 €*

SPA ETIQUETTE

RESERVATION To ensure that your preferred treatment or therapist is available, we invite you to schedule your appointment in advance at the Spa reception. Spontaneous bookings (day-of-service / walk-ins) are always welcomed, and will be confirmed based on availability.

CANCELLATION POLICY We require a six hours notice to cancel your treatment without charge. The amount of 50% of a treatment will be charged if it is not cancelled in accordance with the cancellation policy, or if it is not attended.

SPA ARRIVAL We would advise arrival to the SPA center ten minutes prior than scheduled in order to provide the service at the scheduled time. Please notice that late arrivals will result in a shortened appointment. In fairness to others, we must follow scheduled appointment times so the next guests' sessions can begin on time. Please note that in case of late arrival you will be charged the full amount of the service.

DIALOGUE Communication with your therapist should be a free and open dialogue. Prior to the start of your service, please advise the areas you would like the therapist to focus on and any areas that should to be avoided. During your service please let the therapist know if you feel any discomfort. Please inform your therapist if you have any medical conditions as this may interfere with Spa use and treatment selection.

PAYMENT We accept cash and all major credit cards; as well as room charge. Prices include VAT. Prices are subject to change without prior notice.

VALUABLES The hotel takes no responsibility for lost or damaged personal items. Please leave your valuables in your room or use lockers provided in the changing rooms.

MINIMUM AGE We welcome guests of all ages in the pool area. Spa zone and Gym are reserved for guests 16 years of age and above.

WORKING HOURS every day from 8 a.m. until 9 p.m.

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+385 52 378 714
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