



SENSEAS

Wellness & Spa

by Arena Hospitality Group
📍 Hotel TUI BLUE Medulin



SENSEAS

Get away from it all experiencing
a **THALGO** treatment, which
stimulates the five senses



TOUCH through techniques inspired
by the movements of the sea



SIGHT via a soothing
marine colour palette



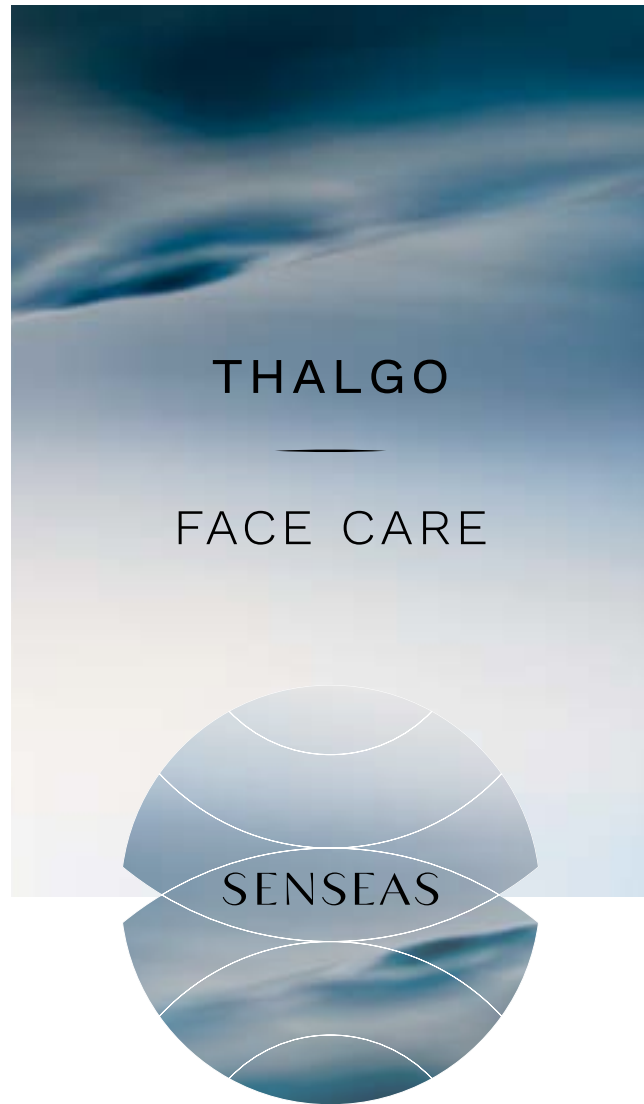
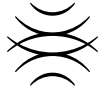
TASTE through infusions and
nutritional supplements rich in
marine active ingredients



SMELL through the diffusion of
fresh, refined fragrances that
offer an invitation to travel



HEARING thanks to a soundscape
transporting you to the seaside



Let yourself be enfolded by the
Sea to empower your beauty.

At the heart of each Thalgo treatment is a unique knowledge, therapist expertise, exclusive massage techniques, high-performance devices, divine textures and captivating fragrances for an incomparable treatment experience, and visible, lasting results.

**THREE ALGAE MARINE FACIAL TREATMENT**

ALL SKIN TYPES

50 MIN **75,00 €**

Experience true marine beauty with this signature algae facial, suitable for all skin types. Following the discovery of the sea welcome massage, unique brush cleanse and exfoliation, a mask of pure natural seaweed is applied to remineralise and revitalise the skin. Thalgo's heart of the ocean massage recreates the rhythmic motions of the sea to relax and relieve tension, and an application of serum and moisturiser tailored to your skin type leave your complexion soft, radiant and beautiful.

SOURCE MARINE RITUAL

DEHYDRATED SKIN

50 MIN **75,00 €**

At the heart of Source Marine lies an exceptional "water of beauty": it hydrates every epidermal cell. It also contains detoxifying Lumisource, gives a new, perfect brightness to dull skin.

COLD CREAM MARINE RITUAL

DRY AND SENSITIVE SKIN

50 MIN **75,00 €**

Fills, soothes and repairs dry and sensitive skin, it combines an algae oil with exceptional bioassimilation properties, an algae wax and Sève Bleue des Océans, to bring comfort to the most demanding skin.

PURETE MARINE RITUAL

COMBINATION SKIN

50 MIN **75,00 €**

For long-lasting shine control, visible correction of enlarged pores and a reduction in the appearance of imperfections, it slows the skin's excessive sebum production.



ANTI-AGEING TREATMENTS

SENSEAS

HYALU-PROCOLLAGEN

50 MIN

90,00 €

Wrinkle to wrinkle treatment combining hyaluronic acid & marine pro-collagen using Roller Boosters, for visible effectiveness, from the very first treatment. Instantly, the face looks younger and even deeper wrinkles appear smoothed.



OCEAN MARINE FACE

50 MIN **75,00 €**

Whether the goal is to hydrate, replenish, reduce irritation or purify, this treatment provides a made-to-measure solution for men's skin. Enriched with Algue Bleue Vitale extract, a cell energising complex, and drawing on the strength of its relaxing massage, this treatment meets all the needs of men's skin.

EXPRESS ANTI-FATIGUE FACIAL

30 MIN **50,00 €**

Revive and energise tired complexions in just 30 mins. A thorough cleanse, marine crystal scrub, energising signature acupressure and an anti-fatigue mask follow one after the other to reveal clearer, cleaner skin and refresh the features.



BODY CARES & RITUALS

THALASSOTHERAPY



SENSEAS

THALASSOTHERAPY — BODY CARES & RITUALS

MASSAGES

AROMA SENSEAS

50 MIN **65,00 €**

By reducing minor discomforts and pains and to relieve tension and stress, the technique of traditional wellness styles guarantee complete relaxation of muscle tension and circulation.

80 MIN **85,00 €**

AYURVEDIC MASSAGE

50 MIN **75,00 €**

This invigorating massage, derived from traditional Indian Ayurvedic practices, rebalances inner energy. Combining intense techniques and friction with percussive and deep smoothing movements performed over warm precious wood oils, the body and mind regain their essential vitality.

DEEPLY NOURISHING BODY MASSAGE

50 MIN **75,00 €**

The ultimate nourishing body massage, great for restoring the feeling of comfort to dry and very dry skin. Relaxing movements and a gentle massage restore firmness and softness to even the most sensitive skin.



MASSAGES — BODY CARES & RITUALS

ENERGIZING ROCK CRYSTAL MASSAGE

50 MIN **83,00 €**

This energizing massage uses all the benefits of lithotherapy and traditional african techniques to intensively stimulate and invigorate the body. Rhythmic, encompassing and invigorating movements combined with crystals to refresh and revitalize the body.

BALINESE MASSAGE

50 MIN **85,00 €**

CANDLE MASSAGE

50 MIN **73,00 €**

Designed to target all the senses, packed with essential oils, and natural fragrances the massage is further elevated using warm, melted wax that is applied to the body.

HOT STONE

75 MIN **85,00 €**

Deep warming massage with volcanic rocks.

BACK & NECK MASSAGE

25 MIN **45,00 €**

It is performed locally mainly for back and neck ailments or problems. It stimulates the flow of blood and nutrients to the muscles and reduces muscle tension. It has general effects on both muscle activation and overall relaxation.



DEEPLY NOURISHING HAND MASSAGE

20 MIN **30,00 €**

An area subject to everyday stress, your hands need comforting. All the expertise of Thalgo's massage techniques stroking, kneading, stretching — coupled with the effectiveness of the cold cream marine recipe, for a unique moment of enveloping and repairing.

DEEPLY NOURISHING FOOT MASSAGE

20 MIN **35,00 €**

The feet represent the essential connectors between earth and heaven for a good flow of energy. This massage provides deep wellbeing and intense relief of nervous tension.

FOOT REFLEXOLOGY

25 MIN **55,00 €**

45 MIN **70,00 €**

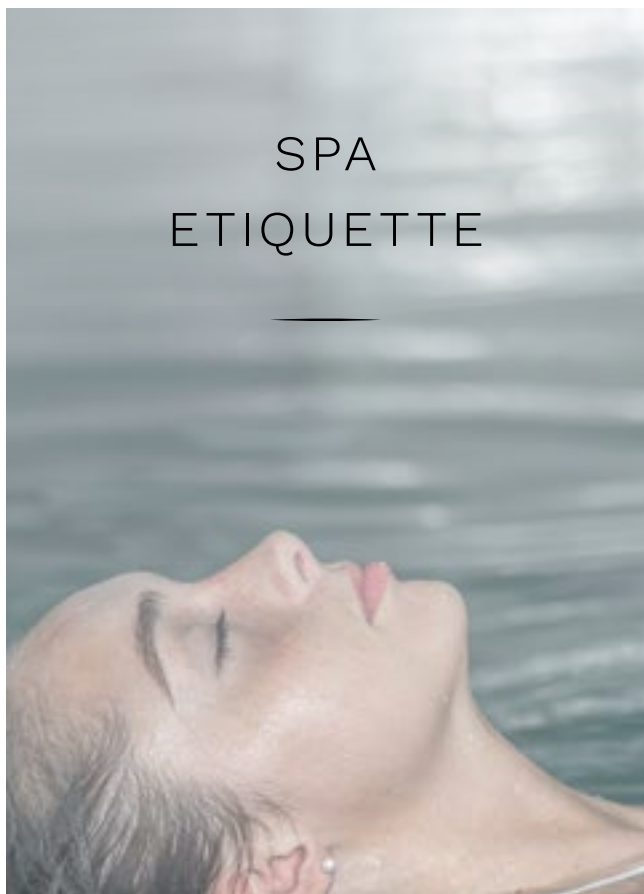
SCALP MASSAGE

20 MIN **35,00 €**

The head, back of the neck and trapezius centralise a lot of nervous tension. Relaxing with a targeted massage provides deep relaxation, lowers sensitivity to stress, helps you to switch off and improves the quality of sleep.



SPA ETIQUETTE



RESERVATION To ensure that your preferred treatment or therapists available, we invite you to schedule your appointment in advance at the Spa reception. Spontaneous bookings (day-of-service / walk-ins) are always welcomed, and will be confirmed based on availability.

CANCELLATION POLICY We require a six hours notice to cancel your treatment without charge. The amount of 50% of a treatment will be charged if it is not cancelled in accordance with the cancellation policy, or if it is not attended.

SPA ARRIVAL We would advise arrival to the SPA center ten minutes prior than scheduled in order to provide the service at the scheduled time. Please notice that late arrivals will result in a shortened appointment. In fairness to others, we must follow scheduled appointment times so the next guests' sessions can begin on time. Please note that in case of late arrival you will be charged the full amount of the service.

DIALOGUE Communication with your therapist should be a free and open dialogue. Prior to the start of your service, please advise the areas you would like the therapist to focus on and any areas that should be avoided. During your service please let the therapist know if you feel any discomfort. Please inform your therapist if you have any medical conditions as this may interfere with Spa use and treatment selection.



PAYMENT We accept cash and all major credit cards; as well as room charge.
Prices include VAT. Prices are subject to change without prior notice.

VALUABLES The hotel takes no responsibility for lost or damaged personal items. Please leave your valuables in your room or use lockers provided in the changing rooms.

MINIMUM AGE We welcome guests of all ages in the pool area.
Spa zone and Gym are reserved for guests 16 years of age and above.

WORKING HOURS Sunday - Friday from 11 a.m. until 6 p.m.



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